



*Stay at home
and in charge*



Self-managing your Home Care Package

Getting help with the routines of daily life doesn't mean handing over your independence, in fact it's often the best way to protect it. By self-managing your Home Care Package, you can stay in the driver's seat of your own life.

WHAT IS SELF-MANAGEMENT?

Self-management is a great way to keep control over how your Home Care Package is spent.

It doesn't mean you have to go it alone, but rather offers the flexibility to get help with as much or as little of the process as you choose.

*Self-manage your
Home Care Package for*

15%

SELF-MANAGEMENT MIGHT INCLUDE SUPPORT TO:

- Design your care plan and budget with us
- Gain more control over how your funds are spent
- Choose the support workers you want, and when you want them
- Find services at rates that are acceptable to you
- Ensure your services are paid on time
- Increase your care hours with lower hourly rates





Why self-manage?

One of the main reasons why people choose to self-manage is because it gives you absolute control over who provides your care and services. You can ensure you're surrounded by the best people and receiving exactly the service you want, how and when you need it. Self-management also cuts out the agency 'middle-man', allowing for rate negotiation directly with service providers so you can get the most out of your budget.

Self-management with Trilogy Care

Ready to get started? Here's what you can expect from Trilogy Care:

1. TALK TO US

Reach out to our friendly team, so we can learn all about your care needs and how we can partner with you to assist in self-managing your home care.

2. CARE PLANNING

Together we'll review your care needs and design a care plan and budget that suits your lifestyle.

3. FIND WORKERS

Time to find support workers in your local community who can deliver what you need, when you need.

4. START RECEIVING SERVICES

We'll continue to partner with you to manage your budget and administer your Home Care Package.

Join the Trilogy Care family for confidence and control over your Home Care Package. For more information, call the number below or visit our website.

trilogycare.com.au | 1300 459 190